

Bland diet Instructions:

Mix long cooking white rice, in a ratio of 3:1, with boiled hamburger or chicken. Chicken or Turkey Stage 1 baby food can also be used in place of the hamburger and chicken. Feed according to these instructions:

Small dogs (less than 15 lbs) should be fed 1 ½ cups, in small meals, over the course of the day.

Medium dogs (less than 50 lbs) should be fed 4 cups, in small meals, over the course of the day.

Large dogs (greater than 50 lbs) should be fed 6-8 cups, in small meals, over the course of the day.

If your animal is vomiting, withhold food and water for 12-24 hours. Once there is no vomiting for at least 12 hours, offer a small amount of water (about 1 cup) and watch for vomiting over the next 20 minutes. If there is still no vomiting, small amounts of bland food can be offered frequently over the next 24 hours. The following day the dog can return to twice a day or three times a day feeding for 3 more days then slowly mix the dog's regular food in with the bland food over the next 2 days.

If the dog just has diarrhea, withhold food only for 12-24 hours. Then start the bland diet as directed.

If vomiting and diarrhea worsen or does not seem to be improving within 3 days, please call our office for an appointment and further evaluation.